CNHC Complementary & Natural Healthcare Council | professional standards authority accredited register

newsUpdate

Keeping you informed

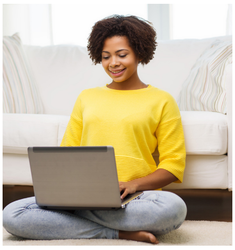
Issue 184 | February 2026

Discount for CNHC registrants at IPM 26

CNHC is once again pleased to support the Integrative and Personalised Medicine (IPM) Congress which is taking place on **18-20 June 2026** at the Queen Elizabeth II Conference Centre in London.

The IPM Congress are offering a 20% discount on early bird booking fees to CNHC registrants. Book by **7 May 2026** and pay the members early bird rate of £145 per day.

Find out more



Renewing your CNHC registration

Renewing your CNHC registration is a quick and easy online process. Once you have received your renewal reminder email, you just need to follow these simple steps:

1. Login to MyCNHC using the email address you registered with and your password. If you have forgotten your password, contact us at info@cnhc.org.uk
2. Select the 'Renew' option
3. Confirm the details requested
4. Pay the renewal fee of £75 online by debit/credit card.

Find out more

News from our Verifying Organisations (VOs)

Get up-to-date with the latest news from CNHC's Verifying Organisation (VOs) – the professional associations who are our valued partners and verify applications to register with CNHC.

Complementary Therapy Week and CHP's Annual Conference
National Complementary Therapy Week 2026, supported by Complementary Health Professionals (CHP), will take place on **21-28 March** this year. This awareness week is aimed at celebrating complementary therapies and the amazing work of therapists who provide an invaluable service in supporting people with their health and wellbeing in hospitals, hospices, and in private practices. You can find out all about the week here.

As part of National Complementary Therapy Week 2026, CHP will be hosting their Annual Conference in Croydon, South London on **21 March 2026**. It is free to CHP members and tickets are £85 for non-members. CNHC will have a stand in the exhibition area, and we look forward to meeting attendees. Find out more and book your place here.

News from the Advertising Standards Authority (ASA)

New advertising restrictions for "less healthy" food and drink
With complementary therapy's holistic and preventative approach to health and wellbeing and its emphasis on good nutrition, it is good to see the new advertising restrictions for "less healthy" food being introduced into the Committee of Advertising Practice (CAP) Codes (both Broadcast and Non-Broadcast) from 5 January 2026. You can find out more here.

Other recent articles on the ASA website that may be of interest include:

- International Women's Day 2026: Progress, portrayal and the CAP Code, particularly in relation to messaging that exploits insecurities or pressures women to conform to unrealistic body image expectations.
- Weight-loss and detoxing: Cut out the bad stuff and ensure a balanced diet of responsibility and evidence.

Read our guidance on advertising for CNHC registrants

Advertise your vacancies to CNHC registrants

Are you looking for a CNHC registered complementary therapists for a paid or voluntary role? Did you know you can advertise your job opportunities for free on the Vacancies section of our website. We will also share it in our monthly e-newsletter and across our social media channels.

Email us at info@cnhc.org.uk with details of your vacancy.

Contact CNHC

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