



We're changing our postal address

From 7 November 2025 our new postal address will be:

PO BOX 482

Bexleyheath

DA7 9QB

Our telephone number and email address will remain the same.



Blog post: Reflexology in hospice inpatient care

In the latest blog post on our website, CNHC registrant Suzanne Cooper shares her experience of volunteering in a hospice, providing reflexology to inpatients.

[Read the blog post](#)



RCCM needs your help mapping research in Traditional, Complementary, and Integrative Medicine

The Research Council for Complementary Medicine (RCCM) and University of West London are conducting a research study examining the scope and development of Traditional, Complementary, and Integrative Medicine (TCIM) research in the UK. The primary objective is to map current TCIM research activity in the UK, including studies completed within the past five years.

If you have conducted research in TCIM in the past five years, you are invited to contribute to this study.

[Find out more](#)

Alexander Technique Tea
Colon Hydrotherapy | Crani
Kinesiology | Massage
Naturopathy | Nutritiona
Sports Massage |

Update to therapy descriptors

The descriptors are the wording agreed with the Committee of Advertising Practice (CAP) for each of the professions on our Register that can be used by CNHC Registrants in their [advertising](#).

We have recently updated the descriptors for:

[Colon Hydrotherapy](#)

[Kinesiology](#)

[Microsystems Acupuncture](#)

[Sports Massage](#)

[Read all the descriptors](#)



Job and volunteering opportunities for CNHC registrants

- **Princess Alice Hospice**, has a job opportunity for a Complementary Therapies Coordinator practising aromatherapy, massage, or reflexology. Find out more [here](#).
- The **Macmillan Cancer Support Centre at Ashford Hospital**, Surrey is looking for complementary therapists practising Massage Therapy, Reflexology, Aromatherapy, Microsystems Acupuncture, Reiki and Yoga Therapy. Find out more [here](#).
- **The Mulberry Centre** is currently looking for a Reiki practitioner who would be prepared to volunteer for half a day weekly at Meadow House Hospice, Ealing Hospital. Find out more [here](#).
- **St Richard's Hospice** in Worcester are looking for volunteer complementary therapists practising at least two of the following disciplines: Aromatherapy, Reflexology, or Massage Therapy. Find out more [here](#).
- **University College Hospital London (UCLH)** is looking for touch therapists to volunteer in their hospitals in Central London. They are particularly looking for experienced Reflexologists and Massage Therapists (Swedish massage) to offer short treatments to the patients in the main hospital as well as the maternity and neurology hospitals. Find out more [here](#).

Contact CNHC

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