Welcome to the first New Year of the decade, and indeed the decade! I wish you all a very happy New Year.

As January is traditionally a time for making resolutions and selling pastries to your nearest, local person, you may want to consider some administrative excellence for Standards. Creating a comprehensive marketing plan for the coming year is an excellent way to start.

In our December blog post one of our CNHC Local Champions, Ann Singleton, shares her experience of working in the NHS, how this led to her career as a Reiki practitioner and her dedication and hard work over the last few years. Her insight has been taken over by our new Communications Manager, Sharon Robinson, and I'm sure you'll join me in welcoming her to the CNHC team.

Finally, I will take this opportunity to say farewell to a valued member of CNHC staff, Carolyn Watson, who led on marketing and communications. I would like to thank Carolyn for her dedication and hard work over the last two years. Her role has been taken over by our new Communications Manager, Sharon Robinson, and I'm sure you'll join me in welcoming her to the CNHC team.

As part of ongoing improvements to the CNHC website, we now have a News Archive section for our practitioners, academics, researchers and the public to search for articles and blog posts. Visit the ‘News’ section of the website to see our latest content.

To find a trusted practitioner near you, search our online register – your guarantee of standards.

If you have any comments or suggestions for the CNHC website, please get in touch with us at info@cnhc.org.uk if you are interested in contributing.

What does Brexit mean for complementary health practitioners in the UK?

With the Conservative winning a majority in the December 2019 General Election, Prime Minister Boris Johnson will be looking to strike a deal with the European Union and the EU citizens and their families currently living in the UK. How is this likely to impact on your practice?

A major supply of vitamins, minerals and probiotics takes the form that they might be supplied over the counter, perhaps with increased costs and paperwork, but they don’t anticipate any major disruption.

A list of classification codes for the disposal of hazardous waste (for example, gloves or sharps). Qualifications: The UK National Recognition Information Centre (UK NARIC) provides information about the recognition of qualifications and how these qualifications will impact different health practitioners from the EU living in the UK. EU citizens and their families currently living in the UK.

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£300,000 in January, you can find more information on the Online register.

We have just published a briefing on the availability of Personal Health Budgets (PHBs) in England. A personal health budget is an amount of money used to support a wide range of healthcare and wellbeing services, including complementary therapies. PHBs are part of the NHS Long Term Plan to deliver Universal Personal Care to patients, giving them greater choice and control in managing their own care and can be used as a range of services, including complementary therapies. To access more information regarding PHBs, or if you would like to know how you can access services under £17 of the Mental Health Act.

Read our briefing in full at https://www.cnhc.org.uk/about/brexit.

CNHC to attend King’s Fund event on integrated care

On Tuesday 4 February CNHC will be at The King’s Fund in London. If you are working in Integrative Medicine to connect with colleagues and share their research and case studies.

The Information Commissioner’s Office (ICO) has set up a SME data protection web medium-sized enterprises (SMEs) and how they could be used to fund complementary therapies. Continuing the integrative healthcare theme, and following on from our report in December on the availability of Personal Health Budgets (PHBs) for practitioners, we have put together a more detailed briefing on the current availability of PHBs and how they could be used to fund complementary therapies.

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