

To find a practitioner or for more information

Website: www.cnhc.org.uk

Email: info@cnhc.org.uk

Phone: 020 3668 0406

If you are interested in registering with us, go to www.cnhc.org.uk and click on 'Apply to Register' for a step-by-step guide.

Find us on

 [@CNHC.org.uk](https://www.facebook.com/CNHC.org.uk)

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Register with CNHC and Stand up for Standards

The Complementary and Natural Healthcare Council

The UK regulator of complementary
health practitioners

*plain English
approved*
by the word centre



CNHC

Complementary & Natural
Healthcare Council

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The Complementary and Natural Healthcare Council (CNHC) was set up by the government to register and regulate complementary healthcare practitioners. Our sole purpose is to protect the public.

We hold a register accredited by the government-appointed Professional Standards Authority (PSA) that includes 16 different disciplines.

All applicants must meet the UK-wide government standards for safe and competent practice, hold professional indemnity insurance and agree to comply with our Code of Conduct, Ethics and Performance.

Why register with CNHC?

- > **The government** recommends that people use only an accredited register when consulting a health practitioner who is not regulated by law.
- > **General Medical Council** guidance confirms that doctors can refer patients to practitioners on accredited registers.
- > **CNHC registration** shows you are committed to enhancing the UK public's health and wellbeing.

“Practitioners registered with CNHC support public health by encouraging their clients to make a range of lifestyle changes. These include improvements to diet and nutrition, support with giving up smoking and losing weight, support with reducing stress, improving sleep, managing pain and other symptoms, as well as overall enhancements to wellbeing.” *

* **The Royal Society for Public Health (RSPH) / Professional Standards Authority (PSA) report 'Untapped Resources: Accredited Registers in the Wider Workforce'**

All CNHC registrants are entitled to use the CNHC quality mark – your guarantee of standards



Alexander Technique Teaching • Aromatherapy • Bowen Therapy • Craniosacral Therapy • Colon Hydrotherapy • Healing • Hypnotherapy • Massage Therapy • Microsystems Acupuncture • Naturopathy • Nutritional Therapy • Reflexology • Reiki • Shiatsu • Sports Therapy • Yoga Therapy