

Registration with the CNHC for Kinesiologists

In order to be eligible to apply for registration with CNHC practitioners must have

- undertaken a programme of training that meets, as a minimum, the Kinesiology National Occupational Standards and the [Kinesiology Core Curriculum](#). The minimum level of qualification required is equivalent to 3 (England and Wales); 5 (Northern Ireland); 6 (Scotland) on the [UK Qualification Comparison Chart](#)

OR

- have achieved competence to the level of the Kinesiology National Occupational Standards by means of relevant experience of at least three years and been assessed as having met those Standards.

Please note, courses delivered entirely by distance learning do not meet CNHC requirements.

The following courses meet the National Occupational Standards and the Kinesiology Core Curriculum:

Title of the course / qualification	Name of course provider	Address and contact details of course provider
Certificate in Classical Kinesiology	Terry Larder, AKFRP / Honorary KF member	Classical Kinesiology Institute 81 Lancashire Street Leicester LE4 7AF http://www.classicalkinesiology.co.uk/
Diploma in Naturopathic Kinesiology	Terry Larder, AKFRP / Honorary KF member	Classical Kinesiology Institute 81 Lancashire Street Leicester LE4 7AF http://www.classicalkinesiology.co.uk/
Functional Kinesiology Professional Training	Claire Snowdon-Darling, AKFRP; Laura Knowles, KFRP	46 Langstone Road Langstone Havant, Hampshire PO9 1RF info@kinesiologykinesiology.co.uk www.functionalkinesiology.co.uk Tel. No: 07969 369792
Kinesiology Association Professional Diplomat in Kinesiology	Linda Belcher, Dip. KA	Brighton, Sussex lindabelcherhealthcare@outlook.com www.lindabelcherhealthcare.co.uk Tel. No: 07787 194337
Kinesiology Association Professional Diplomat in Kinesiology	Andrea Clarke, Dip. KA	Sutton, Surrey andreaclarkekinesiology@gmail.com www.kinesiology4u.co.uk Tel. No: 07505 279990
Kinesiology Association Professional Diplomat in Kinesiology	Jane Collison, Dip. KA	Dorchester, Dorset janecollison@gmail.com www.equilibrehealth.com 07961 184753
Kinesiology Association	Tracey Coulthard, Dip. KA &	Berkhamsted, Hertfordshire

Professional Diplomat in Kinesiology	Kath Griffin, Dip. KA	Kandt.kinesiologytraining@gmail.com www.systematic-kinesiology-training.co.uk Tel. No. Kath: 07903 832694 Tel. No. Tracey: 07931 254118
Kinesiology Association Professional Diplomat in Kinesiology	Annie Jenkins, Dip. KA	East Grinstead, West Sussex Annie.cornmill@yahoo.co.uk www.kinesiologyfoundation.co.uk/diploma/ Tel. No: 0781 800 7484
Kinesiology Association Professional Diplomat in Kinesiology	Mick Lawrence, Dip. KA	Balham, London mick@outcomes.ndo.co.uk www.sktt.co.uk Tel. No: 0208 673 2719
Kinesiology Association Professional Diplomat in Kinesiology	Sonia Munafo, Dip. KA	London soniamunafo@hotmail.com Tel. No: 020 8674 7569
Kinesiology Association Professional Diplomat in Kinesiology	Allison Prebble, Dip. KA	Malvern, Worcestershire allisonprebble@yahoo.com www.centreforwellbeing.co.uk Tel. No: 07941005850
Kinesiology Association Professional Diplomat in Kinesiology	Rosemary Tarrant, Dip. KA	Selkirk, Scotland info@downtoearthhealth.co.uk www.health-school.co.uk Tel. No: 01750 778704
Kinesiology Association Professional Diplomat in Kinesiology	Hareth Al-Tahan, Dip. KA, KFRP	Fulham, London Hareth.altahan@gmail.com www.healththerapycourses.co.uk Tel. No: 07906 614759
Professional Neuroenergetic Kinesiologist	Sandra Cohen, KFRP	4 Harley Street, Marylebone, London W1G 9PB sandra@aurameta.com Tel. No: 07931 520055
Optimum Health Balance Practitioner	Gill Tarlington, KFRP	23 Church Lane, Burgh next Aylsham, Norwich NR11 6TR gill@kinesiologyohb.co.uk Tel. No: 01263 732197
Optimum Health Balance Practitioner	Susanne Lakin, KFRP	Woodland View, Dixon Road, North Walsham, Norwich NR28 9EA susannelakin@hotmail.com Tel. No: 01692 407555
Optimum Health Balance Practitioner	Lois Radmer, KFRP	Weavers Well Cottage, Wood End Road, Gaudry, Newport on Tay, Fife DD6 8SR whitehallinfo@btinternet.co Tel. No: 01382 330208
Optimum Health Balance Practitioner	Marie-Hélène Penet, SNK and UNIK	10 rue Stappaert, 59000 Lille, France mhpenet@kinesologies.net Tel. No: +33 3 28 14 58 97
Optimum Health Balance Practitioner	Anita Ramsden, KFRP	Hayloft, New Road, Worlingworth, Suffolk IP13 7PA anita.ramsden@gmail.com Tel. No: 07799 401272
Optimum Health Balance	Nicola Mainstone, KFRP	The Methodist Church School, Newcastle

Practitioner		Street, Tuxford Nottinghamshire NG22 0LN nickymainstone@gmail.com Tel. No.: 07525 675348
ICPKP: International Certificate in Professional Kinesiology Practice (PKP)	Denise Gurney BA hon, PGCE, AKFRP, Senior Fac. ICPKP, K-Power® Instructor	Cheshire Kinesiology, Pott Shrigley, Cheshire SK10 5SG denise@deg11.plus.com www.sustainableself.com www.kinesiologymastery.co.uk Tel. No: 07843 256 906
ICPKP: International Certificate in Professional Kinesiology Practice (PKP)	Penny Davey AKFRP Faculty ICPKP K-Power® Instructor	Kent Kinesiology, 11 Hawthorne Close, Eythorne, Dover, Kent CT15 4BX penny@pkp-balance.com www.pkp-balance.com www.kinesiologymastery.co.uk Tel. No: 07766 832 903
International Diploma of PKP	Denise Gurney BA hon, PGCE, AKFRP, Senior Fac. ICPKP, K-Power® Instructor	Cheshire Kinesiology, Pott Shrigley, Cheshire SK10 5SG denise.gurney@icpkp.co.uk www.sustainableself.com or www.kinesiologymastery.co.uk Tel. No: 07843 256 906
International Diploma of Kinesiopractic®	Denise Gurney BA hon, PGCE, AKFRP, Senior Fac. ICPKP, K-Power® Instructor	Cheshire Kinesiology, Pott Shrigley, Cheshire SK10 5SG denise.gurney@icpkp.co.uk www.sustainableself.com or www.kinesiologymastery.co.uk Tel. No: 07843 256 906
International Graduate Diploma of Kinesiopractic®	Denise Gurney BA hon, PGCE, AKFRP, Senior Fac. ICPKP, K-Power® Instructor	Cheshire Kinesiology, Pott Shrigley, Cheshire SK10 5SG denise.gurney@icpkp.co.uk www.sustainableself.com or www.kinesiologymastery.co.uk Tel. No: 07843 256 906
ProgK Practitioner	Miranda L. Welton, IKFRP Principal, External Quality Assurer and Internal Quality Assurer, Cert. Ed.	Progressive Kinesiology Academy UK Oak Lodge, Abberton Road Layer de la Haye, Colchester Essex CO2 0JY 01206 738378 progkin2001@gmail.com www.progressive-kinesiology.co.uk
TFH Professional Practitioner	Helena Arguelles, BAhons, AKFRP, Faculty IKC, TFH Instructor	The Beck, Awre, Newnham-on-Severn, Gloucestershire GL14 1EQ info@helena-arguelles.com https://www.helena-arguelles.com/
TFH Professional Practitioner	Hazel Miller, Cert Ed. AKFRP, TFH Instructor	The Courtyard, Freeways, Abbots Leigh, Bristol BS8 3RA touch4health@hotmail.com hello@hazelmiller.co.uk www.hazelmiller.co.uk

See [Apply to Register](#) for further information on applying to register with CNHC.

NOTE: Any organisation (that is not a CNHC Verifying Organisation) that wishes a course to be added to those listed above is invited to submit to CNHC detailed documentation that demonstrates how the course delivers all the outcomes of the National Occupational Standards (NOS) and the requirements of the Core Curriculum. The documentation will be copied to the Kinesiology Profession Specific Board (PSB) so that the PSB can advise the CNHC whether the list should be updated.