



NHS Employers support Accredited Registers



Did you know that NHS Employers support the Accredited Register scheme? They encourage employers within the NHS to take every opportunity to raise the profile of the type of accredited registers available to staff as part of their recruitment process, and to consider the benefits of joining one.

View more information from NHS Employers on their website [here](#).

Focus on the CNHC Code – Principle D

Last month we highlighted Principle C, which deals with justifying public trust and confidence by being honest and trustworthy. This month we are reviewing Principle D, which focuses on providing a good standard of practice and care.

Principle D: You must provide a good standard of practice and care

There are 2 parts to Principle D (D1 and D2). Part D1 covers recognising and working within the limits of your own knowledge, skills and competence. Part D2 covers maintaining and improving your professional knowledge, skills and performance. Each part of Principle D is listed below:

- D1 – Knowing your own limits
- D2 – Fitness to practice

The Code of Conduct clearly defines each part including guidance for both principles and a link to useful information about CNHC's mandatory CPD scheme. Even if you feel very familiar with The Code, we recommend you review it regularly. You can find The Code on our website [here](#).

To request a printed copy of The Code, please [email info@cnhc.org.uk](mailto:info@cnhc.org.uk) or call **020 3668 0406**.

CNHC Local Champions



Do you want to help spread awareness of CNHC and your practice locally? Then we want to hear from you! We are expanding our Local Champions network and are looking for eager CNHC registrants to help spread the word about Standing up for Standards. If you are interested in finding out more, please get in touch with Carolyn Watson, Communications Manager: carolyn.watson@cnhc.org.uk.

Find us on LinkedIn

Did you know that CNHC is on LinkedIn? Please follow us, like our page and share our posts. We send out frequent updates with job opportunities, the latest news from us and public awareness posts.

Find us on LinkedIn [here](#).

Find us on Twitter

Did you know that CNHC is on Twitter? Please follow us and share our posts @CNHC_UK.

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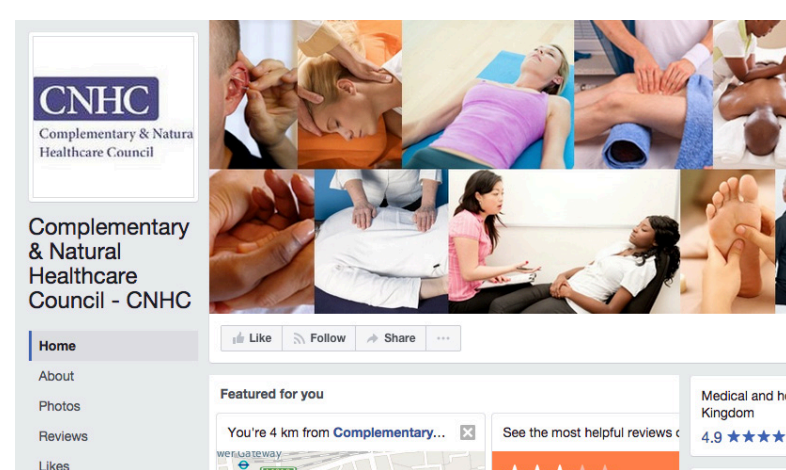
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Welcome to the November 2018 edition of newsupdate

CNHC Chair, Michael Watson

Now that the clocks have moved back and the temperatures are dropping, winter is well on its way. Many of you may be starting to prepare for the festive season already, likely finding yourselves with a long list of tasks to complete before the new year.

At CNHC, we are continuing to tick things off our 'To Do' list. We had another busy month with exhibiting at The King's Fund event 'Communities are the best medicine', where we spoke to local councils and authorities, GPs, hospice staff and care home managers. We also took this opportunity to distribute more 'Untapped Resources' reports and CNHC leaflets and gathered new contacts for our monthly newsletter. There were also several NHS and local authority staff that requested a digital copy of the 'Untapped Resources' report and we posted CNHC leaflets and posters to an interested GP to display in their surgery. In line with CNHC's strategic objectives, we will continue to attend events like these and stay in touch with the contacts we have made.

In October we also welcomed three new members to the CNHC Board. We appointed two new lay members – Denzil Johnson and Tara Willmott, and one new registrant member – Jane Nodder. We look forward to what their experience and expertise will bring to the future of CNHC.

Last month we also were delighted to hear that all 8 of the nominated CNHC registrants were announced as a winner, finalist or special mention in the 2018 Complementary Therapy Awards. What an incredible achievement! We send our congratulations to all the winners and finalists.

The last few months before Christmas can go by so quickly, and before we know it the new year has arrived. While CNHC is busy planning and forecasting for 2019, I encourage you to start thinking about your goals and what you would like to achieve for next year – and don't forget to reflect on what you have achieved.

Thank you again for your hard work on Standing up for Standards.

Best wishes, Michael



Michael Watson

Congratulations to the winners and finalists at the Complementary Therapy Awards

We're excited to inform you that all nominated CNHC registrants were recognised at the 2018 Complementary Therapy Awards! It was a very successful day all around, and we send our congratulations to all of the CNHC registered winners and finalists:

The Award for furthering integrated healthcare



Winners: Gwyn Featonby and Julie Crossman for Harrogate Hospital NHS complementary therapies in cancer service

The Award for pain management, injury prevention and rehabilitation



Winner: Gina Reinge for Adhesive arachnoiditis case study

The Award for Cancer Care



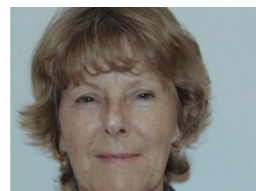
Finalists:

Dorothea Read for Hypnotherapy for anticipator nausea in chemotherapy



Gwyn Featonby and Julie Crossman for Harrogate Hospital NHS complementary therapies in cancer service

The Award for Palliative Care



Finalist: Linda Turner for Measuring the outcomes with MYCAW for the Complementary Therapy Service in Palliative Care within Sue Ryder

The Award for Mental Health and Well-being



Special Mention: Nicole Mitchell for Massage for Dementia

CNHC PSB member volunteers at NHS Oncology Unit



Our latest blog is from Garry Coles, a CNHC registered Hypnotherapist and member of the CNHC Profession Specific Board (PSB) for Hypnotherapy. Garry began volunteering in an NHS Oncology Unit nearly 13 years ago to gain experience when he was new to hypnotherapy. Over the years he has learned a lot about cancer patients and cancer treatments and become embedded with the Breast Cancer Multidisciplinary Team, enabling him to carry out research into the use of presurgical hypnosis.

Read all about Garry's story in our latest blog [here](#).

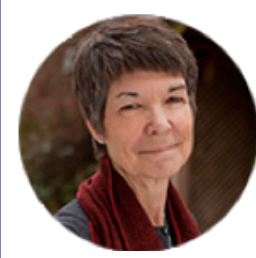
CNHC appoints 3 new board members

We are delighted to announce three new members to the CNHC Board. Each of them comes to CNHC with a wealth of experience and knowledge.



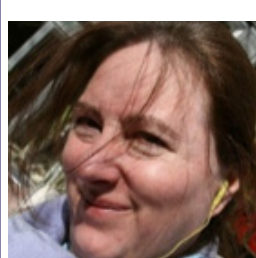
Denzil Johnson (Lay)

Denzil has considerable knowledge and experience in the law and practice of health and care regulation and governance; having worked at the Professional Standards Authority and other statutory regulators in London. He exudes a passion for contributing to the continuous improvement of CNHC and the professions it regulates. Read more about Denzil on our website [here](#).



Jane Nodder (Registrant)

Jane is a registered nutritional therapist and has held senior roles educating and developing practitioners in nutritional therapy, naturopathy and oriental medicine. She is delighted to offer her knowledge, skills and experience to help take forward the vision, values and ongoing development of the CNHC. Read more about Jane on our website [here](#).



Tara Willmott (Lay)

Tara is a qualified neighbourhood and work place mediator and trustee for citizens advice. She runs a consultancy business specialising in medical education with a particular passion for standards, curricula design and continuous improvement. She brings to the CNHC more than 20 years' experience of medical education, specifically within regulation. Read more about Tara on our website [here](#).

Contact CNHC

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