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CNHC's first Podcast



Our Vice Chair, Sheila Inglis, was invited to speak to Adam Eason, founder of the Hypnosis Weekly podcast. Sheila discusses CNHC's role, what we do and how we function, all in regard to the field of hypnotherapy. Kate Beaven-Marks and Garry Coles are also

interviewed about their roles on the CNHC Hypnotherapy PSB and why they stood for election.

This was a terrific opportunity to drive awareness of CNHC and the important work we do to protect the public. Listen to the full podcast [here](#).



Welcome to the 100th Issue of newsupdate

Michael Watson, CNHC Chair



I am so pleased to welcome you all to the 100th edition of the CNHC newsupdate!

What a long way we have come in 10 years. Back in 2008 CNHC launched with government funding and support, and we are now a self-sustaining not-for-profit organisation with some solid achievements under our belt. Our sole purpose will always be to protect the public. Throughout 2018 we plan to continue to raise awareness of CNHC and our registrants by spreading the news about the important work we all do.

January was a busy month for us as we exhibited at the 8th annual Long-term Conditions Summit in Westminster. We utilised our stand to raise awareness of CNHC among delegates, who included staff from Clinical Commissioning Groups and Health Boards. We had some detailed conversations and made connections with several decision-makers who we hope can help enhance the reputation of complementary healthcare in their sectors.

Don't forget that our next round of elections for Profession Specific Board (PSB) members will begin in early April 2018. If you are registered for Hypnotherapy or Healing, this is your chance to become directly involved in CNHC's work.

I wish you a successful month and thank you for consistently 'Standing up for Standards'

CNHC at the Long-term Conditions Summit



Carolyn Watson speaking with a delegate



On Thursday 25th January, Margaret Coats, CNHC Chief Executive and Registrar, and Carolyn Watson, Communications Manager, exhibited at the 8th annual Long-term Conditions Summit at the QEII Centre in Westminster. Delegates included representatives of Clinical Commissioning Groups, Health Boards and healthcare charities.

Margaret and Carolyn focused on raising awareness of CNHC and the recent Royal Society for Public Health (RSPH) / Professional Standards Authority (PSA) report 'Untapped Resources: Accredited Registrars in the Wider Workforce'.

They distributed information, held discussions and signed up delegates to receive the CNHC monthly newsletter. CNHC was active on Facebook and Twitter and joined in the conversation online with hashtag #LTC2018, which was trending globally on the day.



Margaret Coats asking Rt Hon Norman Lamb MP if he was aware of the RSPH/PSA report findings

Rt Hon Norman Lamb MP delivered the event's keynote address discussing the vision for a sustainable health and care system. During questions following his speech, Margaret asked if Mr Lamb was aware of the RSPH/PSA report findings which highlighted the positive impact practitioners on accredited registers such as CNHC's can have on the nation's health and wellbeing. Mr Lamb was pleased to have that question raised and closed the session by sharing his own positive experiences with complementary therapies.

New flyer



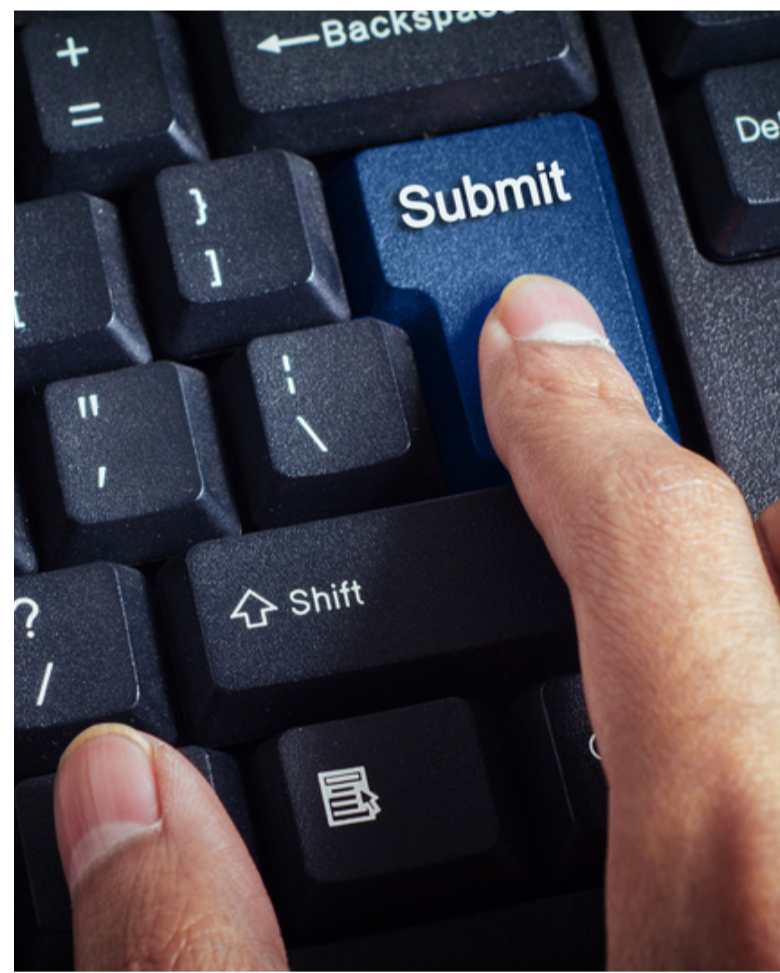
We have a new flyer available for CNHC registrants to download which highlights the findings from the RSPH/PSA report and the updated GMC guidance confirming that doctors can refer patients to practitioners on accredited registers.

If you are CNHC registered you can download a copy of this leaflet by logging in to [My CNHC](#).

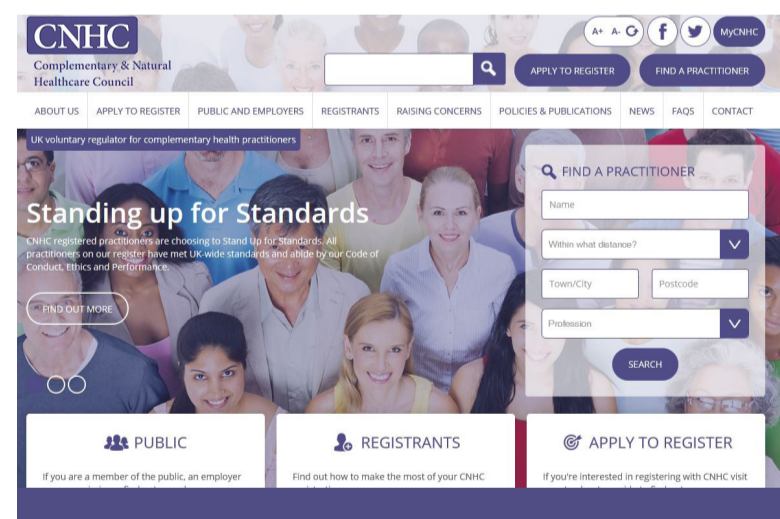
CAMSTRAND 2018 – submission deadline 31st March 2018

This annual conference hosted by the Royal Council for Complementary Medicine (RCCM) provides a forum for researchers, health professionals, therapists, students and practitioners with an interest in complementary medicine research to share their work and knowledge amongst likeminded people.

Manchester University will be hosting this year's conference on 26th -27th June 2018. The abstract deadline for submissions is 31st March 2018. For further information contact either Dr Graeme Donald, email: graeme.donald@manchester.ac.uk or Dr Sarah Croke, email: sarah.croke@manchester.ac.uk.



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Latest Blog

Have you read our most recent blog post? Sports Therapy PSB Member and CNHC registrant, Mike Murphy, discusses training he provided to Therapy Assistants at the Merlin Multiple Sclerosis Centre in Cornwall. [Click here](#) to read the full article.



Mike Murphy (far left) observes taught techniques during the training session

Upcoming PSB elections

The election process for the Hypnotherapy and Healing Profession Specific Boards (PSBs) will begin in April 2018.

PSB members are elected by registrants to give CNHC registered practitioners a direct say in who will act as advisers to CNHC's Board. Any registrant from Hypnotherapy and Healing can stand for election for the relevant PSB, including those who are currently members of the PSB.

Click [here](#) to view the timetable and important deadlines.



We want to hear from you

Are you CNHC registered and do you have a success story to share? We are always looking for relevant articles to include on our monthly newsletter and on our blog. Please get in touch with us at: info@cnhc.org.uk.

CNHC registered? Keep your registration up to date

Whether it's time to renew or your registration has lapsed, renewing your registration is easy to do online. Follow these simple steps:

- Login to [MyCNHC](#) using the email address you registered with and your password*
- Click the 'Renew' option
- Confirm the details requested
- Pay the renewal fee online by debit/credit card

*If you have forgotten your password contact us at: info@cnhc.org.uk or telephone: 020 3668 0406

For full details visit [Renew your CNHC registration](#)

Remember you can download your CNHC registration certificate plus a wide range of resources by logging in to [MyCNHC](#).