



## Chair's welcome

### Welcome to our June news update.

We still find ourselves in a position where self-employed Registrants cannot return to practising face to face due to the coronavirus crisis. Our advice has to comply with current UK Government guidance for England as well as for the devolved administrations of Northern Ireland, Wales and Scotland. Although there has been some easing of lockdown measures, at the time of writing the only private sector practitioners who can resume seeing patients face-to-face are those who are subject to statutory regulation. Examples include dentists, podiatrists, chiropractors and osteopaths.

We appreciate that this is a very frustrating situation for everyone. From what we've heard from our Registrants, their clients are enquiring if they can make appointments with them face to face and they have witnessed the often very negative impact on clients' health and wellbeing as a result of not having access to therapies. The Professional Standards Authority (PSA) has written to Government asking for confirmation that all practitioners on Accredited Registers can also re-open their premises (subject to robust infection control procedures). We have been in constant contact with senior staff at the PSA to support and encourage these efforts.

In the meantime, we published our guidance on preparing to return to work on 28 May, so that you could start planning for the infection control measures you will need to put in place once you are able to re-open.

Our June blog post from CNHC Registrant, Johanne Gosling, who has been able to return to work as an employee at a care home, gives an insight on practising while observing strict infection control procedures.

Finally, I would encourage all our Registrants to continue to get in touch with us with questions, concerns and observations. Your feedback has been hugely helpful to us to gain a clearer understanding of the issues and challenges you are facing. You can contact us by email at [info@cnhc.org.uk](mailto:info@cnhc.org.uk)

Best wishes,

**Michael Watson**  
CNHC Chair



## Coronavirus (COVID-19) update



### Guidance for CNHC Registrants: Preparing to return to work

Our advice applies to all self-employed CNHC Registrants.

We hope to receive clarification from the Government very shortly on the issue of whether our Registrants should wear Personal Protective Equipment (PPE) to practise 'hands-on' and if so, what items of PPE that should be. We will then be issuing additional advice on returning to working 'hands-on'.

Read our advice [here](#)



### Covid-19: Frequently Asked Question

Each month we will answer a question raised by Registrants:

#### Q: Why can osteopaths and chiropractors continue to practice 'hands-on' but disciplines on CNHC's Accredited Register cannot?

**A:** In the UK occupations such as osteopaths and chiropractors are regulated by law and it is a criminal offence to use those titles unless they are registered with the General Osteopathic Council or the General Chiropractic Council. All regulated health and care occupations are exempt from COVID-19 restrictions on working. Our Register is accredited by the Professional Standards Authority (PSA), which is an independent body, accountable to the UK Parliament. CNHC's primary purpose is to protect the public. Registering with CNHC is voluntary and by doing so, our Registrants show that they are committed to standing up for standards.

The PSA has written to the Government to address the disparity between legally regulated healthcare practitioners and practitioners on its Accredited Registers. We will keep you updated on any responses received.

One exception to the current situation is if a CNHC Registrant is employed by a regulated health or social care organisation. If that organisation is exempted from COVID-19 working restrictions, their employer can ask them to return to practice and they will have to follow infection control procedures that their employer has put in place. One such example is illustrated in our latest blog post below.



### Blog post: Returning to practise reflexology in a social care setting

As mentioned above, regulated health and social care organisations, which include care homes, are exempt from Government restrictions on working due to COVID-19.

In our June blog post, CNHC Registrant and reflexologist Johanne Gosling shares her experience of returning to work at a care home and treating residents during the coronavirus crisis.

Read the blog post [here](#)



### Self Employed Income Support Scheme (SEISS)

A reminder that the deadline to apply for the first grant in the SEISS scheme is 13 July. The grant will be awarded on 80 per cent of average profits up to a limit of £7,500.

A second and final grant can be claimed from the scheme, limited to 70 per cent of average profits up to a limit of £6,570. You do not need to have claimed the first grant in order to be eligible for the second. The second grant will open for online applications in August.

Find out more [here](#)



### Obesity and COVID-19

A recent study has found that fat tissue may increase risk in COVID-19. It can be found on the British Association for Nutrition and Lifestyle Medicine (BANT) website.

Find out more [here](#)



### CNHC remains open for business

Although our office is currently closed, CNHC remains open for business as usual, with staff working remotely. We can be contacted on 020 3668 0406 or by email at [info@cnhc.org.uk](mailto:info@cnhc.org.uk) between 9am and 5pm. Please be aware that we are receiving a high volume of calls and emails at the moment, but we will always try to respond to your query as soon as we can.

You can also keep up to date by checking the coronavirus news section on our [website](#) which we are adding to on a regular basis and also by following us on [Facebook](#) and [Twitter](#).

## Other News



### Contribute to a CNHC Registrant's study on self-care

CNHC Registrant Sophia Kupse is in the final year of completing her MSc research degree in Advanced Complementary Medicine with the Northern College of Acupuncture (NCA) and University of Middlesex. She is about to launch recruitment for participants for her study: 'What do complementary therapists understand about self-care and their sense of importance of self-care'.

Sophia is looking for between 8 to 15 therapists to take part. The study will commence on 1 July and last a month.

[Find out more and apply to take part](#)



### ASA/CAP annual report published

The Advertising Standards Authority (ASA) and the Committee of Advertising Practice (CAP) have published their annual report which focuses on how they are using technology to more effectively regulate UK advertising and protect consumers. You can read it [here](#).

CNHC guidance for Registrants on the CAP code can be found [here](#).



### 13th European Congress for Integrative Medicine (ECIM)

A reminder that ECIM will now take place from 26 to 28 February 2021, with the deadline to submit abstracts for extended until 28 August 2020.

[Find out more](#)

### Contact CNHC

Email: [info@cnhc.org.uk](mailto:info@cnhc.org.uk) | Phone: 020 3668 0406 | Website: [www.cnhc.org.uk](http://www.cnhc.org.uk)

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