



Complementary & Natural  
Healthcare Council

83 Victoria Street, London SW1H 0HW

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## **SHIATSU JOINS COMPLEMENTARY DISCIPLINES ON UK REGULATORY REGISTER**

The Complementary and Natural Healthcare Council's (CNHC) register today opened to shiatsu practitioners.

Launched in January 2009, the register has been established for members of the public to choose a practitioner in the knowledge that they meet national standards of conduct and training. Shiatsu is the fifth discipline for which the register has opened, joining massage therapy, nutritional therapy, reflexology and aromatherapy.

By registering with the CNHC, shiatsu practitioners will be seen as meeting the 'gold standard' within their field and will be entitled to display the quality mark which is given to registrants upon admission.

Kris Deva North, director of the Zen School of Shiatsu welcomes this new development: "It's great news that the register is now open to the shiatsu profession. In applying to the register, practitioners understand that they will undergo an approvals process to ensure that they meet standards of qualification and experience which meet the CNHCs entry criteria".

"We see this as an important development for the discipline of shiatsu and by voluntarily regulating ourselves with the CNHC, hope to demonstrate that public safety is paramount and increase public confidence in choosing a practitioner. This is a major step in making shiatsu more accessible and shiatsu joins other mainstream complementary professions on the CNHC register – the only UK wide regulator recognised by the Department of Health."

Shiatsu is a touch-based therapy that applies pressure to areas of the surface of the body. Shiatsu therapists seek to correct imbalances in the body which they believe assists in maintaining and promoting health.

Registered Office:

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Registered in England Number: 6643004



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Throughout the rest of 2009 and early 2010, the register will be opened to further disciplines, as they become ready and wish to register. These include: yoga therapy, alexander technique, bowen technique, cranial therapy, naturopathy, reiki and sports therapy.

For further information about registration, visit [www.cnhc.org.uk](http://www.cnhc.org.uk)

## ENDS

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**For more information about CNHC:** Please contact 0203 178 2199 or visit the website at [www.cnhc.org.uk](http://www.cnhc.org.uk)

## Notes to editor

The Complementary and Natural Healthcare Council (CNHC) was established as a voluntary register in April 2008 with the purpose of protecting the public by means of a voluntary register for complementary and natural healthcare practitioners.

The CNHC's function is:

- To establish and maintain a voluntary register of complementary healthcare practitioners in the UK who meet its standards of competence and practice
- To make the Register of practitioners available to the general public and to educate them about the CNHC quality mark as a quality standard
- To operate a robust process for handling complaints about registered practitioners
- To work with professional bodies in the complementary healthcare field to further develop and improve standards of professional practice

The Register has been launched with government backing through the Department of Health.

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