

## Verifying PAs

The following Professional Associations (PAs) or training institutions have been approved for verifying that their members meet the CNHC's standards for registration:

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### **All therapies:**

- Federation of Holistic Therapists (FHT) [www.fht.org.uk](http://www.fht.org.uk)

### **Massage Therapy, Aromatherapy, Reflexology, Shiatsu, Sports & Remedial Therapy:**

- Complementary Therapists' Association (CTHA) - [www.ctha.com/regulators/](http://www.ctha.com/regulators/)

### **Massage Therapy, Aromatherapy & Reflexology:**

- The Association of Physical & Natural Therapists (APNT) - [www.apnt.org/](http://www.apnt.org/)

### **Aromatherapy & Massage:**

- Aromatherapy & Allied Practitioners Association (AAPA) - [www.aapa.org.uk](http://www.aapa.org.uk)

### **Massage & Sports & Remedial Therapy:**

- Institute of Sport & Remedial Massage (ISRM) [www.theisrm.com](http://www.theisrm.com)
- Sports Therapy Organisation (STO) [www.uksportstherapy.org.uk](http://www.uksportstherapy.org.uk)

### **Alexander Technique teaching only:**

- Society of Teachers of the Alexander Technique (STAT) - [www.stat.org.uk](http://www.stat.org.uk)
- Interactive Teaching Method Teachers Association (ITM) - [alexandertechnique-itm.org](http://alexandertechnique-itm.org)
- Professional Association of Alexander Teachers (PAAT) - [www.paat.org.uk/](http://www.paat.org.uk/)

### **Aromatherapy only:**

- International Federation of Professional Aromatherapists (IFPA) - [www.ifparoma.org](http://www.ifparoma.org)
- International Federation of Aromatherapists (IFA) - [www.ifaroma.org](http://www.ifaroma.org)

### **Bowen Therapy only:**

- Bowen Therapists' European Register (BTER)-[www.bowentherapists.com/](http://www.bowentherapists.com/)
- Bowen Association UK (BAuk) - [www.bowen-technique.co.uk/](http://www.bowen-technique.co.uk/)

### **Massage only:**

- London & Counties Society of Physiologists (LCSP) [www.lcsp.uk.com](http://www.lcsp.uk.com)
- Massage Training Institute (MTI) [www.massagetraining.co.uk](http://www.massagetraining.co.uk)
- National Association of Massage & Manipulative Therapies (NAMMT) [www.nammt.co.uk](http://www.nammt.co.uk)
- Association of Holistic Biodynamic Massage Therapists (AHBMT) [www.ahbmt.org](http://www.ahbmt.org)
- Scottish Massage Therapists Organisation (SMTO) [www.scotmass.co.uk/](http://www.scotmass.co.uk/)

### **Nutritional Therapy only:**

- British Association for Applied Nutrition & Nutritional Therapy (BANT) - [www.bant.org.uk/](http://www.bant.org.uk/)
- Wholistic Nutritional Medicine Society (WNMS) - [www.wnms.org.uk](http://www.wnms.org.uk)

### **Reflexology only:**

- Association of Reflexologists (AoR) - [www.aor.org.uk/](http://www.aor.org.uk/)
- British Reflexology Association (BRA) - [www.britreflex.co.uk](http://www.britreflex.co.uk)
- Northern Ireland Reflexology Institute (NIRI)

### **Shiatsu only:**

- Zen Shiatsu Society (ZSS) - [www.zen-shiatsu-society.co.uk](http://www.zen-shiatsu-society.co.uk)
- The Shiatsu Society - [www.shiatsusociety.org/](http://www.shiatsusociety.org/)
- Shiatsu International - [www.shiatsu-international.com](http://www.shiatsu-international.com)

### **Yoga Therapy only:**

- Krishnamacharya Healing & Yoga Foundation (KHYF) - [khyf.net](http://khyf.net)
- Yoga Therapy & Training Centre (YTTC) - [yogaireland.com](http://yogaireland.com)
- Centre for Yoga Studies (CS) - [www.yogastudies.org](http://www.yogastudies.org)
- Friends of Yoga Society (FRYOG) - [www.friendsofyoga.co.uk](http://www.friendsofyoga.co.uk)
- Dru Yoga (UK) - [www.druworldwide.com](http://www.druworldwide.com)
- Yoga Biomedical Trust - [www.yogatherapy.org/](http://www.yogatherapy.org/)
- Birthlight - [www.birthlight.com](http://www.birthlight.com)
- The Iyengar Yoga Association (IYA) - [www.iyengaryoga.org.uk/](http://www.iyengaryoga.org.uk/)

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