



Chair's welcome

Welcome to the March issue of our newsUpdate

It's good to be able to start this issue with some positive news. Plans for easing lockdown restrictions have been put in place for all the UK nations and we now have the dates for the reopening of close contact services in England, Scotland and Wales (subject to all going well and government review of the data nearer the time). We will, of course, keep you updated and you can find the latest information on our [website](#).

We are pleased to continue our support of the European Congress for Integrative Medicine (ECIM) which will now take place in November. You can find more details below, including how you can access a discount on booking your place if you are CNHC Registrant.

I would also remind you that there are still a few days left to apply for vacancies for Lay and Registrant Board members. The closing date is Friday 26 March. It's an excellent opportunity to become involved in our work and help us to Stand Up for Standards. In the last issue we included an article from a Lay Board member, Tara Willmott, on her experiences of being part of our Board and this month we hear from Sue Spurr on being a Registrant Board member.

Best wishes,

Michael Watson
CNHC Chair



Vacancies for CNHC Board members

CNHC is seeking one Lay and two Registrant members for the CNHC Board. Although not essential, we are particularly interested in applications from individuals with a background in financial management or accounting.

The Board meets for a half-day four times a year. In normal circumstances meetings are held in London. There is no remuneration but travel costs are reimbursed.

The deadline for applications is 26 March 2021. Interviews for Lay member will be held via Zoom on 15 April and for Registrant members on 14 April.

[Find out more and apply](#)



What's it like being a Registrant CNHC Board member?

For those of you interested in applying for the vacancies to join the CNHC Board, Sue Spurr, a Registrant Board member, shares her experiences of being part of the Board.

[Find out more](#)



Focus on the CNHC Code: Knowing your own limits

Every month we will highlight sections of CNHC's Code of Conduct, Ethics and Performance. February focuses on Section D1 - Knowing your own limits. This is very relevant during the pandemic when you are working in new ways and may be seeing clients who have greater levels of need than previously.

[Find out more](#)



European Congress for Integrative Medicine (ECIM) 2021

A reminder that there is just over a week left to submit an abstract for the 13th European Congress for Integrative Medicine. The deadline is **2 April 2021**. All successful abstracts will be published in the European Journal of Integrative Medicine (EuJIM) online journal.

The Congress will take place in London on 5 to 7 November 2021. Registration is open and CNHC Registrants can register for the event at the ECIM members rate. You can find the discount code by logging into [MyCNHC](#).

[Find out more](#)

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